

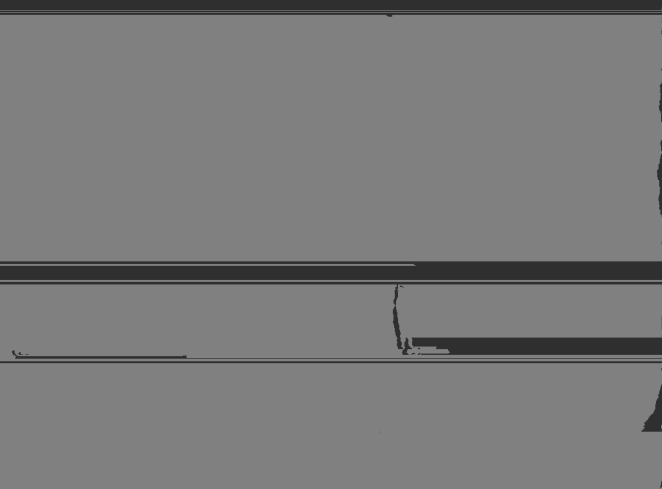
**Do you want a great way to help maintain your health at home?**

Our Healthy Home Visits include your own in-home assessment and board-certified nurse practitioner or doctor will go to your home to provide an assessment. This Healthy Home Visit takes place at no extra cost to you. During the visit, they will also check your home for potential issues that may increase your chances of falling.

We work with nurse practitioners and doctors around the country to offer you this service. Every year, about 100,000 Aetna Medicare

**But you already have a doctor, so why take the time?**

Some things can be done at home that can't be done in a hospital.



exam from your own doctor.

  
medicare solutions

But it can be a critical part of managing your health at home. After your visit, we share the information with your doctor. Partnering in this way helps us better manage your overall health care needs. It does not affect your coverage in any way.

# A how is it look at your health in the comfort of your home

## What does the Healthy Home Visit involve?

You can use this yearly visit to:

- Ask health care questions
- Review your medicines
- Update your medical history
- Discuss issues you may have getting the health resources you need
- Discuss concerns you may have to ensure that you can move around safely in your home

The visit lasts about an hour. It includes a limited, noninvasive physical exam. If need be, the nurse practitioner or doctor may recommend that you be further evaluated. Your doctor will get a report.

**Again — this visit is at no extra cost to you. It is all part of your Aetna benefits.**

## It's easy to set up an appointment

Just call us at

**1-855-205-0431 (TTY: 711),**

Monday to Friday

8 a.m. to 8 p.m.

## Frequently asked Healthy Home Visit questions

### 1. How often can I have a Healthy Home Visit?

A nurse practitioner or doctor can visit your home once a year.

### 2. What does Aetna do with the information you collect? We share it with your primary care doctor.

This helps to better coordinate your care and to help

ensure your care needs are met. We follow all privacy laws, including the Health Insurance Portability and Accountability Act (HIPAA). We may also refer you to a health advocacy program, such as the Fall Prevention Program, Diabetes Management Program or another

Every year, about

**4,000**

Aetna Medicare Advantage members get a Healthy Home Visit.



Importantly, over





# Questions and notes

Aetna Medicare is a PDP/JMO PDP plan with a Medicare contract. Enrollment in our plans depends on

